



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020

M.A./M.Sc. Applied Psychology
Semester III (Batch 2023-2025)

COURSECODE	CATEGORY	COURSENAME	TEACHING&EVALUATIONSCHEME										
			THEORY				PRACTICAL			L	T	P	CREDITS
			ENDESEM	University Exam	Two Term Exam	Teachers Assessment*	ENDESEM	University	Teachers Assessment*				
MAAPSY301	CC	Applied Cognitive Psychology	60	20	20	30	20	2	0	2	3		

Legends: L-Lecture; T-Tutorial/Teacher Guided Student Activity; P-Practical; C-Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10marks.

Course Educational Objective (CEOs):

CEO1: Understand the fundamental concepts of cognitive psychology and their practical applications.

CEO2: Apply cognitive psychology principles to solve real-world problems.

CEO3: Examine the cognitive processes involved in perception, attention, memory, language, and decision-making.

CEO4: Analyze the impact of cognitive processes in various applied settings such as education, clinical, and organizational environments.

CEO5: Develop research skills and methodologies relevant to applied cognitive psychology.

Course Outcome (Cos): The students will be able to:

CO1: Demonstrate a comprehensive understanding of core concepts in cognitive psychology.

CO2: Apply theories of perception, attention, and memory to practical scenarios.

CO3: Analyze the role of cognitive processes in language comprehension and production.

CO4: Evaluate decision-making processes and problem-solving strategies.

CO5: Conduct research using cognitive psychology methods and tools.

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			ENDESEM	University	Two Term Exam	Teachers Assessment*	ENDESEM	University	Teachers Assessment*	L	T	P	CREDITS	
MAAPSY301	CC	Applied Cognitive Psychology	60		20	20		30	20		2	0	2	3

MAAPSY301

Applied Cognitive Psychology

UNIT-I

Introduction to Applied Cognitive Psychology: Definition and Scope of Applied Cognitive Psychology; Information Processing Theory; Research Methods in Cognitive Psychology.

UNIT -II

Perception and Attention: Perceptual Processes and Phenomena- Visual, Auditory, Tactile Perception; Attention; Factors Influencing Attention: Selective Attention, Divided Attention, Sustained Attention.

UNIT-III

Memory Processes: Types of Memory- Sensory, Short-Term, and Long-Term Memory; Encoding, Storage, and Retrieval Processes; Memory Disorders and Rehabilitation; Techniques to Enhance Memory Performance.

UNIT-IV

Language and Cognition: Language Acquisition and Development; Cognitive Processes in Reading and Comprehension; Language Disorders.

UNIT-V

Decision Making and Problem Solving: Cognitive Theories of Decision Making; Heuristics and Biases in Decision Making; Problem-Solving Strategies.

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MAAPSY301	CC	Applied Cognitive Psychology	60	20	20	30	20	2	0	2	3		

List of Practical: (Any Five)

- Memory (STM)
- Mental Fatigue
- Span of attention
- Memory Drum
- Problem solving (creativity)
- Work Motivation

Recommended Books:

- Ross, B. H. (Ed.). (2020). **The psychology of learning and motivation**. Academic Press.
- Herrmann, D. J., & Honeck, R. P. (2019). **Applied cognitive psychology: Perceiving, learning and remembering**. Routledge.
- Goswami, U. (2018). **Cognitive development and cognitive neuroscience: The learning brain**. Routledge.
- Rapp, B. (Ed.). (2020). **Handbook of cognitive neuropsychology: What deficits reveal about the human mind**. Psychology Press.

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			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAAPSY 302	CC	Forensic Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objective (CEOs):

- CEO1: Know the basic concept and ethical issues of forensic psychology.
- CEO2: Familiarity with different psychological disorders associated to criminal behavior CEO3: Acknowledge the role of psychology in courtroom.
- CEO4: Learn about scene creation and investigation in various circumstances. CEO5: Know about different psychological techniques use in crime detection.

Course Outcomes (COs): The students will be able to-

- CO1: Conceptualize forensic psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots.
- CO2: Developing an understanding how various theories and principles of psychology are applied to identify criminal behaviors and related disorders.
- CO3: Understanding the roles of forensic psychologists in court and demonstrating knowledge of key issues in forensic psychology including eyewitness testimony and false confession.
- CO4: Developing a working knowledge of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools.
- CO5: Assess the forensic interviewing with the help of advanced psychological tools used in crime investigation.

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MAAPSY302	CC	Forensic Psychology	60	20	20	0	0	3	0	0	3

MAAPSY302
Forensic Psychology

Contents

Unit I

Introduction and overview of Forensic Psychology: Nature, Definition, Scope, and Brief History of Forensic Psychology. Professional training in Forensic Psychology, Forensic Psychology in India, Ethical & Legal issues in Forensic Practice.

Unit II

Psychology and Criminal Behavior: Psychopathology and personality disorder, Serial murderers, Psychology of terrorism, biological factors and crime– social learning theories, psycho-social factors, abuse, Juvenile delinquency–theories of offending (social cognition, moral reasoning), Child abuse (physical, sexual, emotional), juvenile sex offenders.

Unit III

Psychology and Courtroom: Types of Court and role of psychologists – criminal, Juvenile, Civil & family court, Understanding court process and punishment, Effect of Judges, Jurors & Defenders. The Psychologists as an expert witness.

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MAAPSY302	CC	Forensic Psychology	60	20	20	0	0	3	0	0	3

Unit IV

Crime Scene and Investigation, Investigative interviewing: Interviewing vulnerable witnesses, Interviewing suspects, Neurobiological Forensic Testing and Investigation.
Behavioral Profiling: Introduction, Crime scene Analysis and Geographic Profiling.

Unit V

Assessment and Evaluation in Forensic Psychology: Forensic methods in detection of crime –forensic methods of distortion in eye & ear witnesses. Competence to stand trial and use of psychological tests, Forensic aspects of memory & recall in children, Adolescents and adults. Polygraph: Testing, Forensic assessment & treatment of sexual offenders & their victims.

Recommended Readings:

- Gregory, R.J. (2005). **Psychological Testing** (4th ed.). Delhi: Pearson education Pte.Ltd.
- Thou, Teisi (2011). **Forensic Psychology**. Jaipur: ABD Publishers
- Veereshwar, P. (2002). **Indian Systems of Psychotherapy**. Delhi: Kalpaz publications.
- Bartol, C.R. & A. Bartol, A.M. (2015). **Introduction to Forensic Psychology: Research and Application** (4th ed). New York: SAGE Publications.
- Brown, J. , Shell, Y., & Cole, T. ,(2015). **Forensic Psychology**. New Delhi: SAGE Publications India Pvt. Ltd.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objective (CEOs):

CEO1: To gain an understanding of the basics of the human nervous system.

CEO2: To explain the various methods of investigation in neuropsychology

CEO3: To explain different neuropsychological assessments.

CEO4: To outline different neurodegenerative disorders.

CEO5: To understand deficits and recovery in brain injury.

Course Outcome (Cos): The students will be able to:

CO1: Explain structure of nervous system and the process of neuronal communication.

CO2: Elaborate the underlying mechanisms in methods of investigations used in neuropsychology.

CO3: Develop a deeper understanding in areas of neuropsychological assessment and common neuropsychological tests.

CO4: Evaluate and differentiate between different neurodegenerative disorders.

CO5: Assess the concepts of brain injury and its classification and understand problems associated with stroke and its recovery.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3

MAPSY303
Neuropsychology

Contents

UNIT-I

Introduction to the Human Nervous System: Structure of Brain and Nervous System, Neuronal Communication. Brain Development Stages.

UNIT -II

Basic Brain Anatomy and Brodmann's Area; Methods of investigations: Electrophysiological- Single cell recording, EEG and ERP; Scanning and imaging –CAT, PET, MRI, and fMRI.

UNIT-III

Neuropsychological assessment: Common Areas of Assessment, NIMHANS Neuropsychological Battery, and PGI Battery of Brain Behavior Dysfunction.

UNIT-IV

Neurodevelopmental Disorders – Learning Disabilities, ADHD, Autism, Mental Retardation. Neurodegenerative disorders: Parkinson's, Alzheimer, Huntington;

UNIT-V

Deficits, Recovery, Adaptation and Rehabilitation: Brain Plasticity, Brain Injury and its Classification, Stroke and Recovery.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3

Recommended Readings:

- Kolb, B., Whisaw, I. Q. (1990). **Fundamentals of Neuropsychology**. New York: Freeman, W.H.
- Naatanen, R. (1992). **Attention and brain function**. Hillsdale: LEA.
- Parsuraman, R. (1998). **Attentive brain**. London: MIT Press.
- Boller, F. & Grafman, J, (1988) **Handbook of neuropsychology**. New York: Elsevier.
- Rapp, B. (Ed.) (2001). **The handbook of cognitive neuropsychology**. Chestnut Street: Psychology Press.
- Gazzaniga, M. S. (2002). **Cognitive neuroscience: The biology of mind**(2nd Ed.). New York: W. W.Norton & Company.

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			THEORY			PRACTICAL			L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3	

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1:** To understand the theories of work psychology with respect to individual differences.
- CEO2:** To gain knowledge of methods of personnel selection.
- CEO3:** To understand attitude and behavior of people at work.
- CEO4:** To explain decision making in team and group and workplace stress.
- CEO5:** To understand organizational culture change, leadership, and career management.

Course Outcome (Cos): Students will be able to:

- CO1:** Practice and research concepts of work psychology.
- CO2:** Analyzing jobs, selection effectiveness in personnel selection.
- CO3:** Assessing motivation behind attitude and behavior of people at work.
- CO4:** Outline the workplace stressors, decision making in groups and team.
- CO5:** Evaluate organizational culture change, leadership, and career management.

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MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3

MAPSY304
Workplace Psychology

Contents

Unit I

Introduction to Work Psychology, Theories and Practice in Work Psychology, Individual Differences.

Unit-II

Personnel Selection: Analyzing Jobs, Competencies, and Selection Effectiveness; Assessment Methods.

Unit III

Assessing People at Work, Attitudes at Work, Work Behavior and Work Motivation.

Unit IV

Decisions, Groups, and Teams at Work; Stress in the Workplace.

Unit V

Leadership, Career Management, and Understanding Organizational Change and Culture.

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MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3	

Recommended Readings:

- Grant, A. M. (2017). **The flourishing of human beings: Positive psychology and the life well-lived.** Oxford University Press.
- Duffy, M. K., & Ganster, D. C. (Eds.). (2017). **Managing relationships in organizations: Theoretical and conceptual perspectives.** Routledge.
- Tims, M., & Bakker, A. B. (Eds.). (2019). **Work engagement: A handbook of essential theory and research.** Psychology Press.
- Antoniou, A.-S. G., & Cooper, C. L. (Eds.). (2016). **New directions in organizational psychology and behavioral medicine.** Gower Publishing.
- Cortina, L. M. (2020). **The Oxford handbook of sexual harassment in the workplace.** Oxford University Press.
- Leiter, M. P., & Bakker, A. B. (Eds.). (2010). **Work engagement: A handbook of essential theory and research.** Psychology Press.

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MAPSY305	DSE	Health Psychology	60	20	20	30	20	3	0	0	3	

Legends:L-Lecture;T-Tutorial/TeacherGuidedStudentActivity;P-Practical;C-Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10marks.

Course Educational Objectives (CEOs):

CEO1: To be aware of the nature and significance of the emerging area of health psychology along with the importance of social psychological processes in the field of health psychology.

CEO2: To understand the relationship between psychological factors and physical health.

CEO3: To know and analyze the behavior of individuals and mental health management.

CEO4: To relate Health Psychology with the major concepts within the field, Health behaviors and stress.

CEO5: To develop understanding about health promotion and prevention.

Course Outcomes (COs):

CO1: Develop thinking to learn ways to improve quality of life.

CO2: Define and explain one or more key models, principles or theories in Health Psychology that are used to change health behavior.

CO3: Critically evaluate the role of psychological, social, and behavioral factors in health and illness.

CO4: Construct an understanding of the application of various strategies to cope with stress.

CO5: Identify various health promotion activities and describe the health prevention and control techniques.

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MAPSY305	DSE	Health Psychology	60	20	20	0	0	3	0	0	3	

MAPSY305

Health Psychology

Contents:

UNIT-I

Introduction: Nature, Aim and Need of Health Psychology; Biopsychosocial Model of Health: Biomedical Model, Health Belief Model, Precaution Adoption Model, Traditional Indian Healing Systems, Health Care Network in India.

UNIT-II

Biological Foundations of Health and Illness: Brief Concept of The Nervous System, The Endocrine System, The cardiovascular system, The Respiratory System, The Digestive System, The Renal system, The Reproductive system, The Immune system.

UNIT-III

Stress and Coping: Nature, Types and Sources of Stress, Effects of Stress on Physical and Mental-health Stress and Illness, Management of Stress.

Coping Interventions.; Coping with Stress and Resilience, Coping Style, Problem-Focused Coping, Coping Outcomes and Interventions-Mindfulness and Mediation Cognitive-Behavioral Techniques.

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MAPSY305	DSE	Health Psychology	60	20	20	0	0	3	0	0	3	

UNIT-IV

Health Behaviors: Health Behaviors and Health Habits, Changing Health Behaviors Through Social Engineering, Health-Promoting Behaviors: Exercise, Healthy Diet, Sleep ,Accident Prevention, Vaccinations and Screening.

UNIT-V

Research in Health Psychology: Conducting and Evaluating Research in Health Psychology, Health and wellness, Health-Compromising Behaviors: Obesity, Smoking, Alcohol Abuse Internet Addiction. Application of Health Psychology to Chronic Illness.

Recommended Readings:

- Friedman, H. S., & Schustack, M. W. (2020). **Personality: Classic theories and modern research** (6th ed.). Pearson.
- Sarafino, E. P. (2019). **Health psychology: Biopsychosocial interactions** (9th ed.). Wiley.
- Ogden, J. (2012). **Health psychology: A textbook** (5th ed.). McGraw-Hill Education.
- Straub, R. O. (2014). **Health psychology: A biopsychosocial approach** (4th ed.). Worth Publishers.

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Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Applied Psychology
Semester III (Batch 2023-2025)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY306	P/D/I	Minor Research Project-I	0	0	0	30	20	0	0	6	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components:

Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

MAPSY306
Minor Research Project-I

Course Educational Objectives (CEOs):

CEO1: To train students in writing final year research proposals in Clinical/Counselling/Applied Psychology, emphasizing research problems, hypotheses, literature review, and research designs.

CEO2: To enable students to learn practical aspects of research.

CEO3: To train students in behavioral science analysis and writing.

Course Outcomes (Cos): The students will be able to:

CO1: Review and analyze critical research in a specific area of Clinical/Counselling/Applied Psychology.

CO2: Acquire knowledge and competency in the design and completion of research studies in Clinical/Counselling/Applied Psychology.

CO3: Explain and apply skills in critical analysis learned in the classroom as well as through practical exposures methods and techniques of field research.

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